

sundaram



Natural hand made soap

100% Veg Eco-friendly
No artificial colours or preservatives
An ashram produce

Product Catalogue

OUR SOAPS

We use the cold process method hence all the natural glycerin content is retained in the soap making it highly moisturizing. It has been poured into moulds, hand cut and packed in plastic free packaging by us.

Base ingredients: Coconut oil, sesame oil, spring water.

Almond Rich & Moisturizing



This is a highly luxurious soap using freshly crushed almonds. Almond milk and almond oil further enrich this soap. Since the almonds are crushed just prior to making the soap, all the natural goodness of the nut goes into the soap. In the soap making process itself we incorporate it into the soap mix at the very end to make sure all its properties are retained. Essential oils of fennel, cardamom & rose have been used to give this bar a sweet fragrant note. These oils also add to the cleansing and soothing properties of this soap.

Ingrs: Crushed almond, almond milk, pure almond oil, ess. oils of cardamom, rose, fennel and geranium.

.....

Turmeric & Sandal A Mild Creamy Bar with Excellent Cleansing Properties



This bar contains the soothing and highly aromatic powder of sandalwood. Sandal has been used since ancient times in Ayurveda for skin care.

This creamy and gentle bar is extremely refreshing and revitalizing.

Ingrs: Pure sandal powder, turmeric powder, milk, ess. oils of turmeric and basil, fragrance oil of sandal.

.....

Honey & Wheat Scrub Skin Conditioning



This soap has been made with pure honey and fresh milk from mountain cattle. Honey has been used since ancient times for skin care. It has an ability to soften and tone the skin; it is also an excellent moisturizer. The milk used in this bar also adds to the moisturizing properties. Essential oils of cinnamon and fennel stimulate and soothe the skin, at the same time being antiseptic. Geranium adds to the freshness and helps to balance skin disorders. The

wheat acts as a natural mild scrub.

Ingrs: Pure honey, powder, milk, wheat, ess. oils of geranium, fennel and cinnamon.

.....

Honey & Milk A Mild Creamy Bar



This soap has been made with pure honey and fresh milk from mountain cattle. Honey has been used since ancient times for skin care. It has an ability to soften and tone the skin, it is also an excellent moisturizer.

It is also known to have antibacterial and antiseptic properties. It protects the skin from the sun and supports in rejuvenation of skin.

The milk used in this bar also adds to the moisturizing properties. Essential oils of cinnamon and clove stimulate and soothe the skin, at the same time being antiseptic. Geranium adds to the freshness & helps to balance skin disorders.

Ingrs: Honey, milk, oils of cinnamon, cloves and geranium.

.....

Pure Sandal – Chandan Smoothing & Refreshing



This bar contains the soothing & highly aromatic powder of sandal that has been used since ancient times in Ayurveda for skin care. This creamy & gentle bar is extremely refreshing and revitalizing.

Ingrs: Pure sandal powder, cinnamon, ess. oils of sandal, patchouli, vetiver, fragrance oil of sandal.

.....

Goats Milk An Unusual Creamy Bar



This soap is made using fresh goats milk from mountain cattle that feed on high mountain pastures. Hence the milk is extremely rich and pure.

The use of pure coconut and sesame oil gives this soap a creamy and foamy lather.

Ingrs: Goats milk, palm oil, ess. oils of mint, palmarosa, eucalyptus and lemon.

.....

French Lavender A Fragrant Luxurious Bar



This is a gentle and highly aromatic bar containing the dried flowers of lavender plucked from the fields of France. A dash of ayurvedic herbs and pure fragrance of lavender essential oil makes this bar extremely refreshing.

A touch of milk provides a soft creamy base.

The blend of essential oils containing lavender and patchouli gives this bar a dreamy fragrance.

Ingrs: Dried lavender flowers, herbs, fresh milk, ess. oils of lavender and patchouli

.....

Peach & Honey A Unique Fruity Bar



In the middle of the monsoons our peach trees get heavy with fruit - birds, bees, wasps, even weasels hover around them by day and night. We join the throng and use the freshly plucked peaches for this soap - entirely organic and free from any pesticides. Honey and a jug of fresh aloe gel combine to make this unique soap ultra rich and special.

Ingrs: Fresh peach pulp, honey, aloe gel, ess. oils of geranium, patchouli, sage, orange and palmarosa.

.....

Himalayan Neem Antibacterial & Curative



The neem trees growing in our ashram are used to make this soap. Our trees are free from any chemical pesticides. The leaves are plucked fresh, immediately prior to making the soap. Neem pulp, juice and

leaves are put into this soap along with neem oil extracted from the seeds. These are incorporated in the soap mix at the last moment to ensure they retain maximum qualities. Neem is extensively used in ayurveda as a purifier.

Ingrs: Organic neem leaves-pulp and juice, ess. oils of lavender, orange, peppermint, citronella and fragrance oils of mogra and honeysuckle.

.....

Aloe Vera & Rosemary (Ghrit Kumari) Rejuvenating & Uplifting



This soap is made from fresh aloe gel and crushed rosemary. Known in Sanskrit as Ghrit kumari, aloe vera belongs to the lily family – even though it has a cactus like appearance. It has been used in the ancient civilizations of Egypt, Greece and India for medicinal and skin care. The gel stimulates cell growth and helps in restoration of damaged skin. It moisturizes the skin because of its water holding properties. It also has antibacterial and anti fungal qualities. Here the uplifting fragrance of rosemary essential oil is combined with tea tree, eucalyptus, lemongrass and lavender essential oils to enhance the cleansing properties of the soap and give this bar a special aroma.

Ingrs: Aloe vera gel, crushed rosemary, ess. oils of rosemary, eucalyptus, tea tree, lavender and lemongrass.

.....

Apple & Mint Highly Refreshing & Cooling



This fruity bar is made using freshly crushed apples grown in local orchards. The addition of essential oils of spearmint and peppermint give it high cooling and refreshing qualities. The essential oil of basil has antibacterial properties. This bar is excellent for use in summer, being naturally invigorating and stimulating. Manjishta a traditional ayurvedic herb, beneficial to the skin is added to increase the overall quality.

Ingrs: Fresh apple pulp and juice, manjishta, ess. oils of basil, peppermint, spearmint and fragrance oil of apple.

.....

Cucumber Mild & Smoothing



This soap is made from freshly crushed cucumbers grown extensively by the farmers in the vicinity of our ashram. Hence we make this soap only seasonally. Cucumber has a mild and soothing effect on the skin as well as cooling properties.

We have used the essential oils of lavender, eucalyptus and peppermint for a light fragrance as well as for the properties of these oils that

add to the cleansing and refreshing qualities of this bar.

Ingrs: Fresh cucumber pulp and peel, ess. oils of lavender, eucalyptus and peppermint.

.....

Vetiver Highly Aromatic & Cooling



In this bar we have used dried vetiver grass and essential oils of vetiver to make for a cooling and deeply aromatic soap. The use of ratanjot and manjishta are ayurvedic herbs that enhance the skin care properties of this bar and provide the bright colours running through this bar.

A special blend of oils including patchouli and geranium combine to give this soap its final earthy fragrance. It has been poured into moulds, hand cut.

Ingrs: Vetiver grass, ratanjot, manjishta, ess. oils of vetiver, geranium and patchouli.

.....

Hemp Scrub Wild Freshness



This soap is made using wild Himalayan hemp. To ensure maximum freshness, the leaves are plucked and pulp extracted just prior to making the soap. This soap contains all the goodness of hemp and is a great refresher. The pure

coconut and sesame oil base is extremely good for skin nourishment. The seeds make this soap a natural, mild scrub. A special blend of essential oils of patchouli, mint, orange and geranium further add to the cleansing quality and give this bar a light, joyous feel.

Ingrs: Organic hemp pulp, ess. oils of mint, geranium patchouli and orange and fragrance oils of honeysuckle and mogra.

.....

Orange & Ginger Deep Cleansing



This soap contains freshly ground orange rind and pulp which has soothing and restorative properties. It is highly refreshing and cleansing. Ginger essential oil is antibacterial and along with orange peel deep cleanses the pores. The spearmint used further enhances the cleansing properties of this bar as it is an astringent and provides for freshness and coolness.

Ingrs: Orange pulp and peel, ess. oils of orange, ginger and spearmint.

.....

Clay of Multan Purifying & Astringent



This soap is made using the clay of multan. 'Multani matti' is used in households all

over India for oily skin and as a natural cleanser. The pure coconut and sesame oil make this soap extremely rich and give a nice foamy lather.

The clay sucks out impurities and extra oil from the skin. It also acts as a natural scrub. The special blend of essential oils give a sweet earthy aroma to this bar, besides enhancing the overall properties.

Ingrs: Clay of Multan, milk, ess. oils of vetiver, patchouli and palmarosa.

.....

Rhododendron Himalayan Floral



This soap is made from the brilliant red flowers of the rhododendron tree that marks the beginning of spring in the mountains. Juice extracted from freshly plucked flowers off the nearby mountain slopes go into making this bar. The sweet aroma of ylang-ylang essential oil controls perspiration and has an uplifting and relaxing quality. Spearmint provides for cleansing and freshness. We have added fragrance oils of honey suckle and mogra to give this bar a light floral fragrance. Manjishtha a traditional ayurvedic herb, beneficial to the skin is added to increase the overall quality.

Ingrs: Fresh rhododendron juice and flowers, manjishtha, ess. oils of orange, spearmint, ylang-ylang and fragrance oils of honeysuckle and mogra.

.....

Mountain Ash Mild Scrubber & Cleanser



This soap is made from clean ash obtained from wild mountain plants. This soap has a mild scrubbing property and is thus excellent for cleansing and toning the skin. Our special combination of essential oils provides a light, sporty fragrance and also enhances the cleansing and refreshing properties of this bar. The confetti inside the soaps are a mix of various fruits & herbs.

Ingrs: Ash, ess. oils of peppermint, spearmint, ylang-ylang and rosemary.

.....

Turmeric Antiseptic & Skin Clearing



Used extensively in ancient India for skin care and for skin healing and clearing, this soap is made using pure turmeric. Fresh milk has been added for creaminess. The essential oils of basil add to the purity of this bar.

Used in the daytime turmeric is known to tan the skin – so we advise it to be used on the face in the night for fairness and in the day for a natural way to tan the skin.

Ingrs: Turmeric powder, milk, ess. oils of turmeric, basil, tea tree, lemongrass and spearmint.

.....

OUR SPECIALS

Seriously Scrubby Scrubs



This is a special line of highly textured soaps that have been especially invented for those hot weaty days or even after heavy exercise. These soaps are made with ground barley or rice or wheat to exfoliate the skin, but always with a good dollop of honey to keep the skin soft and smooth. Hence these soaps deep cleanse and condition the skin in a manner that other soaps don't. They come in nice chunky shapes that are a delight to handle. They invariably have a deep honey fragrance that reminds one of a wild sunny forest.

Ingrs: Coconut oil, sesame oil, exfoliator (barley, wheat or rice etc.) honey and a combination of essential oils.

.....

Family Bars



Our family bars are perfect for the full family!! Left in long bars of approx 35-50cms these soaps are meant to be cut fresh each time you need a piece - in the size of your

choice!! The difference from already cut pieces is that the fresh soap releases intense fragrance and reveals a glorious burst of natural colour that in prior cut soap is dulled. TO ENJOY OUR NATURAL SOAP IN ITS TOTALITY JUST CUT INTO A FAMILY BAR-

Ingrs: As per variety

.....

Varieties of Deluxe Soaps with Apricot Oil



This is an ultra special line of soaps we have designed for a luxurious, smooth bath. It contains apricot oil obtained from the mountains, thus creating a soft creamy foam. Besides this each soap is further softened with added milk and other fresh ingr. As per the variety. With varieties like wild lime, buttermilk & cinnamon, rose and milk - these soaps are a great indulgence.

Ingrs: Apricot oil, coconut oil, sesame oil, combination of essential oils, fresh ingr. as per variety.

.....

Varieties of Face washes



This range of our soaps are especially mild and in gel form. We make various types

of face washes like aloe, sandal, neem, milk and saffron, honey - each extremely rich & nourishing for the skin. This gel has a soft creamy lather and leaves the skin feeling extremely soft and smooth. To make the packing totally eco-friendly we use mud pots - and even these are unbaked!! Baked pots are often made from the top layer of fertile soil and take ages to decompose. Moreover they do not support growth. An unbaked pot when thrown will become mud again in minutes on which vegetation can flourish!

Ingrs: Coconut oil, sesame oil, special ingr. as per variety, a combination of essential oils.

.....

Multipurpose liquid soap



This liquid soap uses vegetable fat as its base and can be used for clothes, dishes and other types of cleaning. It is made by the cold process hence it has retained all its glycerin making it easy on the hands too!!

We started out our experiments to find an eco-friendly alternative for our ashram use and are now happy to share it with you! It is concentrated so use few drops at a time!!

P.S. Gentle enough for baby dresses.

Ingrs: Vegetable fat, saponifying agent and water.

.....

Gift Boxes



Seasons Boxes



These boxes contain five soaps each. Handcrafted with great care they make excellent gifts. In the seasons boxes we have divided the soaps into four seasons as per their ingredients.

.....